

Competitive examination for the recruitment of ANMs in Bihar

Subjects of examination : as mentioned below

Syllabus : Outlined below

Full marks for written examination : 60 (sixty) , 15 marks for higher qualification and 25 marks for years of experience .

Type of questions : **Objective** (multiple choice questions with single best response type)

Duration of examination : **To be decided by commission , will depend upon number of questions .**

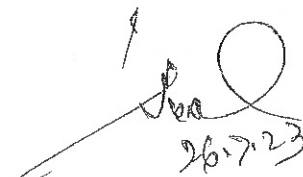
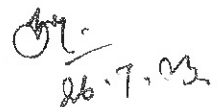
Subjects

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| <ol style="list-style-type: none"> 1. Health Promotion 2. Child Health Nursing 3. Community Health Nursing 4. Primary Healthcare Nursing (Prevention of various diseases and health restoration) | <ol style="list-style-type: none"> 5. Midwifery. 6. Health Care Management |
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Syllabus

A. Midwifery: 1. Describe male and female reproductive organs. 2. Explain process of conception and foetal development 3. Describe female pelvis and the muscles involved in delivery of foetus. 4. Conduct normal delivery and provide care to the newborn. 5. Provide care to pregnant mother during ante, intra and post natal period at home and hospital. 6. Provide need based counselling to the mother and to her family during .. antenatal, intranatal and postnatal period. 7. Resuscitate the high risk new born baby 8. Identify high-risk pregnancies and refer them immediately for safe motherhood. 9. Identify deviation from normal labour in time and take necessary action. 10. Provide adequate care identifying abnormal puerperium. 11. Administer the drugs as per the protocols 12. Educate community for improving quality of life of the family. 13. Promote improvement in the status of women in society 14. Identify women's health problem and provide guidance and support. 15. Provide care and guidance to women with reproductive health problems. 16. Participate in reproductive health and family welfare programmes.



B. Primary Health Care- 1. Explain concept of infection and causation of diseases. 2. Describe body defense mechanisms and development of immunity against diseases 3. Perform immunization effectively. 4. Describe different methods of disinfections and sterilization. 5. Describe common communicable diseases and their management. 6. Explain prevention of common communicable diseases and their control. 7. Describe care of the sick in community with common ailments and refer if required. 8. Explain recognition of conditions related to different body systems. 9. Describe and demonstrate routes of administration of drugs 10. List common drugs used for emergencies and minor ailments, their indications, dosage and actions .

C. Child health nursing : 1. Assess growth and development of a child at different ages. 2. Describe nutritional needs of different age groups of children. 3. Provide care to sick children during their common illness. 4. Describe school health programme 5. Describe ' Rights' of children 6. Educate mothers and family member as per need of their children. 7. Resuscitate the high risk new born baby 8. Identify high-risk pregnancies and refer them immediately for safe motherhood. 9. Home visit techniques and practices for newborns and young children in community .

D. Community health nursing : 1. concept of community health, primary health care. 2. health policies, plans and programmes of the country, 3. the concept of community. 4 the role of the health team. 5. home visit techniques and practices in the community 6. structure, function, characteristics and administrative set up of a community. 7. To identify leaders, resources persons, community-based organizations, NGOs, and local resources. 8. community health needs and problems 9. concepts and methods of communication for health information. 10. The purposes, principles and methods of health counseling.

E. Health care management : 1. To organise subcentres and clinics to carry out scheduled activities 2. To indent and maintain necessary stocks 3. To participate in implementation of national health programmes 4. To update knowledge and skills 5. To provide guidance to AWW , ASHA workers and other voluntary health workers . 6. To maintain records and reports .

F. HEALTH PROMOTION 1. importance of nutrition in health and sickness. 2. To Promote nutrition of a individual, family and community 3. principles of hygiene and its effect on health. 4. hygiene for self and individuals. 5.

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importance of environmental sanitation and waste management. 6. mental health of individual, family and community .



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